



St. Stephen's Parish Preschool Extended Day Schedule

7:00-9:00 am	Free Play (active learning through play)
9:05-9:50	Activity Time / Story Time
9:50-10:00	Clean-up / Wash Hands
10:00-10:15	Snack (head count before going to the playground)
10:15-10:35	Recess (head count before coming in from playground)
10:40-11:10	Language and Literacy
11:15-11:30	Get ready for lunch (wash hands, get lunches and line up)
11:35-12 noon	Lunch (head count before going to playground)
12:05-12:45 pm	Recess (head count before coming in from playground)
12:50-1:00	Wash hands and prepare for nap time
1:05-2:10	Nap Time
2:15-3:00	Activity Time
3:05-3:20	Clean up / Wash hands
3:25-3:50	Snack (head count before going to playground)
3:55-4:30	Recess Time (head count before coming in from playground)
4:35-5:30	Free Time
5:35-5:55	Cleanup / Prepare to go home

Please remember to pack extra snacks for your children. Their stomachs are small and they usually cannot eat enough at meals to meet their energy needs.